

Let Go of and Keep This Year

MORE OF

What I will keep or cultivate:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

LESS OF

What I will let go of:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____